

To the Nursery:

Insert name

has HYPERINSULINISM

My child has only 5% of her pancreas left and this does not work 100% of the time. Because of this she needs to have injections of insulin and must balance her food and exercise.

An insulin reaction may occur if the blood sugar gets too low (a hypo) especially before meals or after exercise and this can be dangerous for **Name** and could cause brain damage or death.

WARNING SIGNS OF INSULIN REACTIONS - HYPOS

**Closing
& opening
of eyes**

Paleness

**Headache
Stomach ache**

**Changes of
Mood,
Confusion,
Irritability
Tearfulness**

Name's main symptoms are closing and opening of eyes, (this can nearly guarantee an extremely low blood sugar) paleness and mood changes.

If Jessica is unwell, please ring mum, **Mum's name** on:

home :
mobile :

If **mum' name** is unable to get to **Name** within ten minutes, or if instructed by her, please give **Name**:

Glucogel or 2 to 3 lucozade tablets

1/3 can (330ml can) of coke, lemonade (any full sugar drink)

Please see attached hypo sheet.