

Insulin Dependent Type 1 Diabetes

'INSERT CHILD'S NAME AND YEAR GROUP'

Insulin Pump

- not to be touched unless trained
- not to get wet
- can be removed for some sports, kept dry and safe due to risk of damage (its expensive), but removed for no longer than 1 hour with half hourly tests
- might alarm and beep and needs attention when it does

Hypo

(blood glucose low under 4mmol)

Possible symptoms

- alarm on pump saying low or predicted low
- dizzy, shaky and pale
- weakness and tiredness
- talking rubbish

Treatment

- do blood glucose test if able, to confirm level
- have one mini can full sugar coke in bag or 100 ml lucozade (not sport)
- wait + stay still, re-test after 15 minutes
- if still under 4 have another coke or lucozade
- phone mum 'INSERT NUMBER'

Hyper

(blood glucose high above 12 mmol)

Possible symptoms

- increased thirst
- feeling unwell + unable to think clearly
- alarm on pump saying high

Treatment

- do blood glucose to confirm level
- enter BG level into pump using the wizard and give insulin correction
- set alarm on pump and retest after one hour
- if level same or higher call home immediately
- if level lower carry on and retest BG an hour later

Please keep this close to hand!



INSERT NAME

Call 999 if
unresponsive and
unable to eat

Mum mobile
INSERT NUMBER
if hypo or hyper
or in need of any
advice